



Since 2008, SOAR has presented the annual senior health fair. We invite over 60 exhibitors to share information about senior health issues and other senior interests. About 300 people come from the region and we offer a cash prize to the oldest attendee.

Entertainers donate their time and talent. The CH Lions' provide their "Eye Van" and Dr. Scott Nygard donates his time to perform eye screenings. Volunteer nurses volunteer perform diabetes testing. We also have had doctors to lecture, pharmacists to consult and demonstrations by various professionals.

And the event is FREE to all. Thanks to our generous sponsors which include Allied Waste, the City of Citrus Heights, Dignity Health (Mercy San Juan Medical Center), Northwest Neighborhood Association (Area 1), SMUD, Sunrise Recreation & Park District and Walmart.



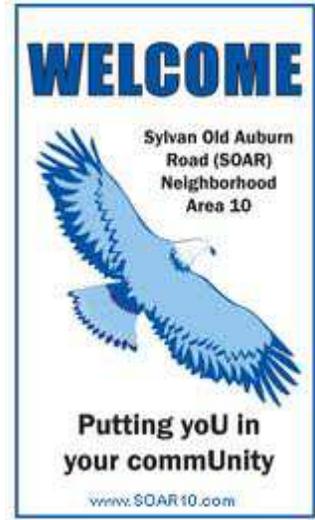
How Can I get Involved in SOAR?



You can attend the monthly meetings where you can greet your neighbors and help identify issues, problems and projects that you think SOAR should tackle.

Date: 4th Monday each month
 Time: 7:00 p.m. - 8:30 p.m.
 Place: Sylvan Community Center
 (at Community Drive)

Can't attend the meetings? You can still volunteer for events and projects. Keep informed on SOAR and city events by joining the e-list.



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S.O.A.R.
Sylvan Old Auburn Road
Neighborhood Association



"Rising above apathy to put yoU in your commUnity"

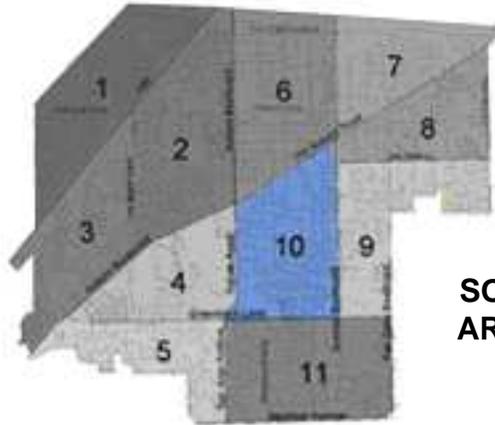
SOAR's mission is to promote a sense of pride, awareness and involvement in our community by facilitating communication of information, by advocating for a safe environment, and by advancing the interests of its members in interacting with institutions and agencies that provide services to our neighborhood.

What is SOAR?

SOAR is an association of residents, apartment communities, businesses, churches and schools. If you live or own property or a business within our boundaries, you are automatically a member of SOAR.

Our boundaries are Sylvan Road (east), Old Auburn Road (north), Sunrise Blvd. (east) and Greenback Lane (south).

We are one of the eleven neighborhoods formed in 1998 after Citrus Heights attained cityhood.



SOAR is
AREA 10

The eleven neighborhoods are united under the umbrella organization, Residents Empowerment Association of Citrus Heights (REACH).

We unite to improve the quality of life in our neighborhood and our community. United, we create a strong voice in government as we interact with agencies that provide services to our members. We act as a conduit for information between our members and the city.

In 1999, we became a California non-profit corporation to better serve the needs of our community. While we receive some financial support from the City of Citrus Heights, we rely on donations and sponsorships for our major projects and charitable events.

What does SOAR do?

Here's just a few of our accomplishments and activities:

- ◆ we hold monthly meetings to discuss issues of concern in the neighborhood; city staff updates on projects of interest and invited speakers on a variety of topics. Our neighborhood police officer usually attends and speaks about crime issues;
- ◆ free reflective house numbers easily seen by emergency vehicles;
- ◆ free bicycle helmets for kids;
- ◆ donation to other organizations:
 - veterans for Annual Appreciation Picnic
 - CH Marching Band for instruments
 - 100 pairs of boxer shorts to CH Women's club which are re-sewn for disabled veterans
 - CH Police Department for Project Lifesaver (a radiofrequency device for finding lost people with Alzheimers)
 - Domestic Violence Intervention Center
 - Gold Star Wives - packages of items sent to troops deployed overseas;
- ◆ donations to our members when they suffer a loss (fire, death of loved one, illness);
- ◆ Christmas carolling at senior facilities and for homebound people in our neighborhood;
- ◆ organize an all-neighborhood potluck for the New Year, a huge community event;
- ◆ annual "Turkey Shoot" where the best photo of a neighborhood turkey wins a Thanksgiving turkey (store-bought) and the winner of the Turkey Trivia quiz wins the fixins';
- ◆ annual yard sale "It's For The Birds";
- ◆ Family Funday - kid's coloring booth;
- ◆ winners of a national award presented by Neighborhoods USA (NUSA) for our annual senior health fair.

SOAR wins Neighborhood of the Year Award for Senior Health Fair



SOAR's Free Bicycle Helmets for Kids



SOAR Donates to CHPD for Project Lifesaver

